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Certifying Non-Birth Mothers as Breastfeeding Women

Definition

A breastfeeding non-birth mother is a woman who is breastfeeding an infant she did not give birth to. Non-birth mothers include wet nurses, adoptive mothers, and foster mothers.

Policy

Certify a non-birth mother as a breastfeeding WIC participant if she meets the eligibility requirements of residency, income and nutritional risk.

Nutritional risk considerations

The breastfeeding non-birth mother may have her own independent nutritional risk, or be at nutritional risk because the infant she is breastfeeding is at nutritional risk.

<u>Note</u>: If a non-birth mother has a nutrition risk condition that contraindicates her breastfeeding an infant (e.g., substance abuse, HIV infection), provide the same guidance and education to her as provided to a birth mother.

Both mothers may be served

A birth mother who meets all of the eligibility criteria may receive postpartum WIC benefits if her infant is being breastfed by non-birth mother whether or not the non-birth mother is receiving WIC services.

Income eligibility considerations

If there are two separate households applying for services, determine where the infant lives for income eligibility purposes.

- Count the infant when determining the household size of the mother with whom the infant lives.
- Both households must meet the income criteria to receive services.

Policy reference

MPSF-1:WC-96-04-P: Non-Birth Mothers Certified as Breastfeeding Women

Data system assistance

Call the state WIC office if you need additional assistance creating records for these families.

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